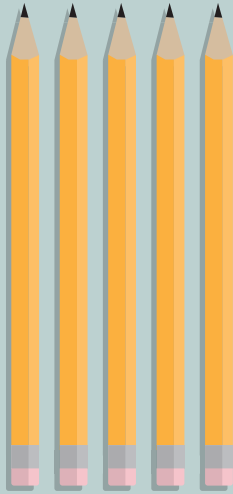
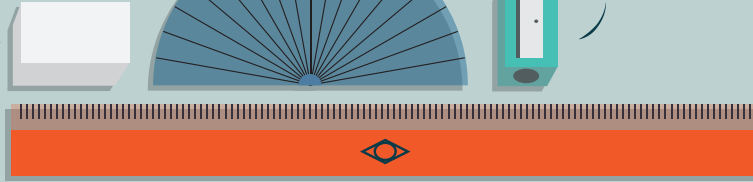


WHAT IS OCD?

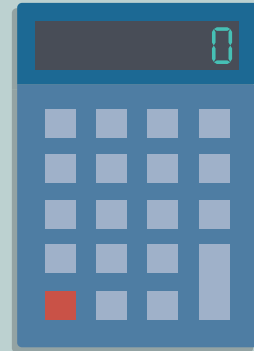
blink 5 times
when exam starts
so nobody gets hurt

turn the pencil 5 times in the
sharpener to make sure
everything will be ok

don't make mistakes
or i'll have to
start again



5 pencils lined up
perfectly or something
bad might happen



turn calculator on/off
5 times to be sure the
memory is clear... is it?
better do 5 more

read each exam question
5 times or something bad
might happen to my mum

OBSESSIVE THOUGHT → COMPULSIVE ACTION

OCD + ANXIETY DISORDERS WEEK

13-19 August 2017