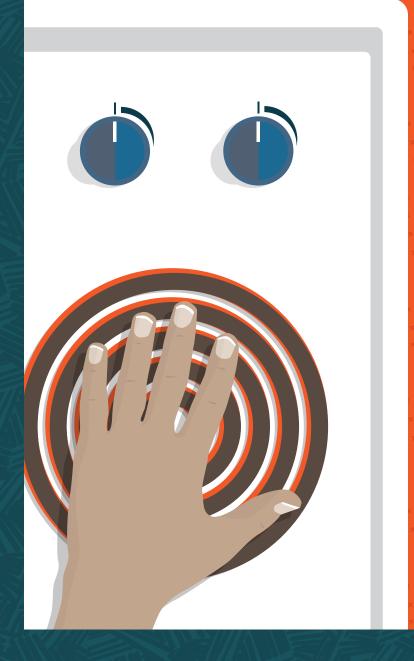
## WHAT IS OCD?



I've checked the stove

It's off.

Is it really?

I've checked the stove

It's off

Good...

But is it really?

I have been checking the stove for half an hour now ...

Is it really off?

I don't want the house to burn down!

I've checked the stove

OBSESSIVE THOUGHT → COMPULSIVE ACTION

OCD + ANXIETY DISORDERS WEEK

13-19 August 2017



wayahead.org.au arcvic.org.au

